

...Helping You

**Realize Your
FULL Potential**



LACE for Life
Coaching & Consulting

Leadership. Accountability. Character. Excellence
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Part 8: Start Thinking BIGGER

In order to achieve success you must take action. Inertia is the most common reason for a lack of satisfaction and success!

So what are your dreams? Your goals for the future? What do you want to achieve in your life in the next week; month; year; 5 years? What would you like people to remember you for after you have left this world?

In order to reach your fullest potential you have to Think Big and challenge yourself. Fearlessly reach for those higher achievements, no longer giving any consideration for what happens if you "fail" (whatever that really means), but only focusing on what happens if you succeed!!!

Be honest and clear about where you are now. Audit your strengths and your areas of further development. What must you do to eliminate the gap between your dreams and your current reality?

Here are some ways to start thinking bigger:

1. **Prioritize as I mentioned last week.** Look for quick wins to gain momentum while you also consider those things which will have the greatest long-term impact.
2. **Build yourself a solid foundation,** thinking of sustainability and the interim steps for your greatest possible objectives.
3. **Set targets that are challenging, yet realistic.** Surpass the mundane and aim high, just beyond what *seems* practical.

4. **Communicate your vision to yourself and others.** Find a friend or a personal coach to hold you accountable and keep you honest with yourself.
 - Ensure that all your stakeholders understand and subscribe to your vision.
 - Think about who you need to involve. How will you ensure they support you and stay committed to the vision you've established for yourself?
5. **Continue to go deeper in your consciousness.** Think about the language you use, and sound positive. If others think you are confident, they will increase their confidence in you.
 - Develop a "can do" mentality within yourself. For every problem there is a solution, so encourage others to see themselves as problem solvers as well.
6. **Surround yourself with strong, positive people.** Not enough can be said about the importance of your personal network.
7. **Break each of your priorities down into small achievable steps.** Set a timetable for each of your goals. Build an evaluation plan from the start, so you can assess your performance and make adjustments as necessary.
8. **Celebrate your successes!** Remember to thank people for their contribution, and consistency in checking up on your progress, which gives you an opportunity to really acknowledge what you are accomplishing. Be generous to yourself, rather than invoking punishment.

Finally, leave your ego behind as it will simply get in the way of your will to take action and ultimately sabotage your success. Find satisfaction in your improvements and celebrate your efforts. There is value in the entire journey, not just the destination – so enjoy both. By doing so, you are realizing your full potential!

Congratulations!!